School is almost out for the summer! How crazy is that? Here are some study tips to finish strong:

1. **Give yourself plenty of time:** Don't wait till the last minute to study. Look over your notes a little bit each day.
2. **Have a sacred study space:** Know yourself and where you do your best studying. Is it with people? Is it by yourself?
3. **Teach Others:** One of the best ways to study is by explaining what you're learning to someone else.
4. **Take Regular Breaks:** Allow your brain to rest. Giving yourself breaks helps you return to your material with fresh eyes.
5. **Eat healthy and drink water:** Eating healthy helps you stay alert and prevents crashing.
6. **Be Prepared:** Make sure you have everything you need like pens, pencils, or a calculator.

Many of you are looking forward to doing fun things, have plans to work full time and make as much money as possible, or you might be taking classes as well.

Make sure you ask yourself “**What can I do this summer that will help me further my future?**” This is great time to find a job that will give you some experience in your area of interest, find a place to volunteer, or begin an internship. Either way, be sure you have some fun this summer!

Congratulations to those who are graduating! Those of you who aren't, stop by and say hello in the fall!

- **Cherie**
Quarter Recap!

SFCC’s Got Talent!

18th Annual Pow Wow!

Taco Friday!

Students of Color Conference!

End of the Year Celebration!